



## QUESTIONNAIRE URBAN HEALTHY MOBILITY = UK

### 1. PRESENTATION

Start the interview: ___ h ___ min	Interviewer Name:
Interview date: ___/___/___	Interview identifier number:
<p><b>My name is &lt;...&gt;. I'm the interviewer &lt;NAME UNIVERSITY&gt; and as agreed with Mr. I am here to accomplish the interview on the healthy urban mobility and older adults in three Brazilian cities (Brasilia, Florianopolis and Porto Alegre) and city in the UK (Oxford). Your participation is very important because we will check on your health condition and its relationship with urban mobility in your city.</b></p> <p><i>If respondent has agreed or has been in doubt continues:</i></p> <p><b>We would like to ask you some questions about your health and also take some measures, for example, your height and weight. This questionnaire does not have right or wrong answers. The information provided by you will not be disclosed or the answers given by you to the research questions. I ask that during this interview you please do not take coffee, mate, tea or any other food that can influence your blood pressure, as we will check it.</b></p> <p><b>I thank you for your cooperation. Here is the Informed Consent, in which you agrees to participate, please feel free to read it and, if you wish, sign it. A copy will be left with you and one copy with the coordination of the research.</b></p>	

### 2. BLOCK IDENTIFICATION OF PARTICIPANT DATA

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

We would like to start this interview, asking you some identification questions. The aim is to record your identification details as a research participant (ask the respondent to bring an identity document).	
Interviewed name: _____ Date of birth: ___ / ___ / _____ Age: _____ years Sex (a) respondent (a): (1) Male (2) Female Mother's name: _____ IDENTITY NUMBER _____ Birthplace: _____ Census tract _____ Complete address: _____ Name of the Street: _____ Number: _____ Complement: _____ Neighborhood: _____ ZIP CODE: _____ - _____ Telephone number (landline) _____ Mobile _____ Telephone from your work place _____ Mobile from another family member: _____ (name: _____) Mobile from a relative / close friend _____ (name: _____) Reference point home _____ Email: _____ Social network: _____ Profile Name: _____	NOME DATANASCI IDADEANOS SEXO NOMEMAE CPF LOCALNASC SETOR_CENS ENDEREÇO LOGRADOURO NUMERO COMPLEMENTO BAIRRO CEP TEL CEL OUTRO_TEL1 OUTRO_TEL2 NOME OUTRO_CEL NOME REF_DOMICILIO EMAIL REDE PERFIL

**NOTE: If the interviewee is between 18 and 59 years old the following blocks should be skipped:**

**WHOQOL-OLD: questions 287 to 310**

**BOMFAQ: questions 316 to 330**

**BLOCK 15: questions 349-354**

**GENERAL BLOCK: questions 360 to 365**

### 3. BLOCK NEIGHBORHOOD ENVIRONMENT WALKABILITY SCALE (NEWS)

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

We would like to find out more information about the way that you perceive or think about your neighborhood. Please answer the following questions about your neighborhood and yourself. Please answer as honestly and completely as possible and provide only one answer for each item. There are no right or wrong answers and your information is kept confidential. By your neighborhood, we mean places you can go walking 10 to 15 minutes.

1. For how long has you been living in this neighborhood?  
 \_\_\_\_\_ months \_\_\_\_\_ years  
 (8888) Do not know  
 (9999) Not to inform

Amb\_tempo1

#### NEWS DOMAIN STORES, FACILITIES, AND OTHER THINGS IN YOUR NEIGHBORHOOD

Now let's Talk About Trade, Stores, Public Spaces and Other local Near Your Home.  
 About how long would it take to get from your home to the nearest businesses or facilities listed below if you walked to them? Please put only one check mark (✓) for each business or facility.

	1-5 min	6-10 min	11-20 min	21-30 min	31+ min	don't know
2. convenience/small, grocery store	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
3. supermarket	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
4. hardware store	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
5. fruit/vegetable market	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
6. laundry/dry cleaners	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
7. clothing store	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
8. post office	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
9. library	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
10. Nursery/Primary school	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
11. other schools	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
12. book store	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
13. fast food restaurant/café/pub	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
14. movie/ theater	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
15. bank	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
16. non-fast food restaurant	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
17. doctor surgery/dentist	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
18. pharmacy/drug store	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
19. salon/barber shop	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
20. your job or school	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
21. bus or tram stop	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
22. park/ recreation	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
23. community hall	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____
24. gym or other fitness facility	1. _____	2. _____	3. _____	4. _____	5. _____	6. _____

Check here \_\_\_\_\_ if you do not have work away from home or do not attend school

**NEWS DOMAIN ACCESS TO SERVICES**

**Please circle the answer that best applies to you and your neighborhood.  
Both local and within walking distance mean within a 10-15 minute walk from your home.**

<p>25. I can do most of my shopping at local stores. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access1</p>
<p>26. Stores are within easy walking distance of my home. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access2</p>
<p>27. Parking is difficult in local shopping areas. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access3</p>
<p>28. There are many places to go within easy walking distance of my home. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access4</p>
<p>29. It is easy to walk to a transit stop (bus, train) from my home. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access5</p>
<p>30. The streets in my neighborhood are hilly, making my neighborhood difficult to walk in. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access6</p>
<p>31. There are many canyons/hillsides in my neighborhood that limit the number of routes for getting from place to place. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_access7</p>

**NEWS DOMAIN STREETS IN MY NEIGHBORHOOD  
Now let's talk about the streets in your neighborhood.**

<p>32. The streets in my neighborhood do not have many, or any, cul-de-sacs (dead-end streets). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know</p>	<p>Amb_streets1</p>
<p>33. The distance between intersections in my neighborhood is usually short (100 yards or less; the length of a football field or less). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable</p>	<p>Amb_streets2</p>

(9999) Do not to inform/Do not know	
34. There are many alternative routes for getting from place to place in my neighborhood. (I don't have to go the same way every time.) (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_streets3
<b>NEWS DOMAIN PLACES TO WALKING AND CYCLING</b> <b>Now let's talk about sidewalks and bicycle lanes in your neighborhood.</b>	
35. There are sidewalks on most of the streets in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places1
36. The sidewalks in my neighborhood are well maintained (paved, even, and not a lot of cracks). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places2
37. Sidewalks are separated from the road/traffic in my neighborhood by parked cars (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places4
38. There are bicycle lanes on most streets of the neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places4
39. The bicycle lanes in your neighborhood are well cared for. (Paved, smooth and without many holes). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places5
40. There are bike paths near your home or in your neighborhood that are easily accessible. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places6
41. The bicycle in my neighborhood are separated from the road/traffic by parked cars (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places7
42. There is a grass/dirt strip that separates the streets from the bicycle lane in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_places8
<b>NEWS DOMAIN SAFETY FROM TRAFFIC</b> <b>Now let's talk about safety from traffic in your neighborhood.</b>	

43. There is so much traffic along the street I live on that it makes it difficult or unpleasant to walk in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety1
44. There is so much traffic along nearby streets that it makes it difficult or unpleasant to walk in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety2
45. The speed of traffic on the street I live on is usually slow (30 mph or less). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety3
46. The speed of traffic on most <u>nearby</u> streets is usually slow (30 mph or less). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety4
47. Most drivers exceed the posted speed limits while driving in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety5
48. There are crosswalks and pedestrian signals to help walkers cross busy streets in my neighborhood (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety6
49. The crosswalks in my neighborhood help walkers feel safe crossing busy streets. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety7
50. When walking in my neighborhood, there are a lot of exhaust fumes (such as from cars, buses). (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety8
<b>NEWS DOMAIN SAFETY FROM CRIME</b> <b>Now let's talk about safety from crime.</b>	
51. My neighborhood streets are well lit at night. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety9
52. Walkers and cyclists on the streets in my neighborhood can be easily seen by people in their homes. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree	Amb_safety10

(8888) Not applicable (9999) Do not to inform/Do not know	
53. I see and speak to other people when I am walking in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety11
54. There is a high crime rate in my neighborhood. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety12
55. The crime rate in my neighborhood makes it unsafe to go on walks during the day. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety13
56. The crime rate in my neighborhood makes it unsafe to go on walks at night. (0) strongly disagree (1) somewhat disagree (2) somewhat agree (3) strongly agree (8888) Not applicable (9999) Do not to inform/Do not know	Amb_safety13
<p><b>NEWS DOMAIN NEIGHBORHOOD SATISFACTION</b></p> <p><b>Below are things about your neighborhood with which you may or may not be satisfied. Using the 1-5 scale below, indicate your satisfaction with each item by choosing one option. Please be open and honest in your responding. The 5-point scale is as follows:</b></p> <p><b>1 = strongly dissatisfied</b>  <b>2 = somewhat dissatisfied</b>  <b>3 = neither satisfied nor dissatisfied</b>  <b>4 = somewhat satisfied</b>  <b>5 = strongly satisfied</b></p> <p><b>How satisfied are you with:</b></p>	
57. The network of streets and avenues that connect your neighborhood with the rest of the city? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction1
58. The access to public transportation in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction2
59. Your commuting time to work/school? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction3
60. The access to shopping in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable	Amb_satisfaction4

(9999) Do not to inform/Do not know	
61. How many friends you have in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction5
62. The number of people you know in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction6
63. How easy it is to walk in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction7
64. How pleasant it is to walk in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction8
65. How easy it is to bicycle in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction9
66. How pleasant it is to bicycle in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction10
67. The quality of schools in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction11
68. Access to entertainment in your neighborhood (restaurants, movie theater, clubs, etc.)? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction12
69. The safety from threat of crime in your neighborhood? (1) strongly dissatisfied (2) somewhat dissatisfied (3) neither satisfied nor dissatisfied (4) somewhat satisfied (5) strongly satisfied (8888) Not applicable (9999) Do not to inform/Do not know	Amb_satisfaction13

<p>70. The amount of traffic in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction14</p>
<p>71. The speed of traffic in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction15</p>
<p>72. The noise of traffic in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction16</p>
<p>73. The number of food stores in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction17</p>
<p>74. The quality of food stores in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction18</p>
<p>75. The number of restaurants in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction19</p>
<p>76. How satisfied are you with the quality of restaurants in your neighborhood?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction20</p>
<p>77. Your neighborhood as a good place to raise children?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction21</p>
<p>78. Your neighborhood as a good place to live?  (1) strongly dissatisfied  (2) somewhat dissatisfied  (3) neither satisfied nor dissatisfied  (4) somewhat satisfied  (5) strongly satisfied  (8888) Not applicable  (9999) Do not to inform/Do not know</p>	<p>Amb_satisfaction22</p>

#### 4. BLOCK ICONNECT

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

<b>THE BLOCK ATTITUDES AND TRAVEL BEHAVIOUR</b> <b>Now let's talk about your attitudes and behaviors trip.</b>	
79. Do you currently drive a car? (0) Yes (1) Not	Iconnect_drive1
80. Have you ever driven a car at any point of your life? (0) Yes (1) Not	Iconnect_drive2
81. Do you currently drive motorcycle? (0) Yes (1) Not	Iconnect_drive3
82. Have you ever driven a motorcycle at any point of your life? (0) Yes (1) Not	Iconnect_drive4
83. Do you currently drive a bicycle? (0) Yes (1) Not	Iconnect_drive5
84. Have you ever driven a bicycle at any point of your life? (0) Yes (1) Not	Iconnect_drive6
<b>By walking and cycling to travel, we mean any walking and cycling you do to get to places. For example, going to work, going out to get lunch, coming home from work, going shopping, going to the bus or railway station, visiting friends, or escorting someone else (for example, taking a child to school or taking an older person to the doctor surgery). First think about walking to travel from place to place. How much do you agree with the following statements?</b>	
85. Walking to travel from place to place is something I do automatically without really thinking about it. (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree	Iconnect_walking1
86. It is beneficial for me to walk for travel. (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree (4) Strongly agree	Iconnect_walking2
87. Walking for travel is enjoyable. (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree (4) Strongly agree	Iconnect_walking3
88. The people in my life whose opinions I value most would approve of me walking for travel (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree (4) Strongly agree	Iconnect_walking4
89. Most people who are important to me walk for travel. (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree (4) Strongly agree	Iconnect_walking5
90. It is possible for me to walk for travel. (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree (4) Strongly agree	Iconnect_walking6
91. It is mostly up to me whether I walk for travel. (0) Strongly disagree (1) Somewhat disagree (2) Do not disagree nor agree (3) Somewhat agree (4) Strongly agree	Iconnect_walking7
92. I intend to do more walking for travel over the coming months.	Iconnect_walking8

<ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	
<p>93. I see people in my neighbourhood walking for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_walking9
<p>94. Over the last 12 months I have done more walking for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_walking10
<b>Now think about cycling to travel from place to place. How much do you agree with the following statements?</b>	
<p>95. Cycling to travel from place to place is something I do automatically without really thinking about it.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling1
<p>96. It is beneficial for me to cycle for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling2
<p>97. Cycling for travel is enjoyable.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling3
<p>98. The people in my life whose opinions I value most would approve of me cycling for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling4
<p>99. Most people who are important to me cycle for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling5
<p>100. It is possible for me to cycle for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling6
<p>101. It is mostly up to me whether I cycle for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling7
<p>102. I intend to do more cycling for travel over the coming months.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling8
<p>103. I see people in my neighbourhood cycling for travel.</p> <ul style="list-style-type: none"> <li>(0) Strongly disagree</li> <li>(1) Somewhat disagree</li> <li>(2) Do not disagree nor agree</li> <li>(3) Somewhat agree</li> <li>(4) Strongly agree</li> </ul>	Iconnect_cycling9

<p>104. Over the last 12 months I have done more cycling for travel.</p> <p>(0) Strongly disagree  (1) Somewhat disagree  (2) Do not disagree nor agree  (3) Somewhat agree  (4) Strongly agree</p>	Iconnect_cycling10
<p>We'd now like to ask about your journeys in the last seven days. Please include any journeys you made however long or short, using any method of transport, not just walking and cycling. Four points to note: 1. A return journey counts as one journey. For example, if you travelled to work and back five times, this counts as five journeys. 2. Where a return journey involves a number of purposes, please give the main purpose. 3. Include all methods of travel you used as part of a journey (e.g. walking to a bus stop, and then catching the bus). 4. If you spent time waiting for public transport please include this within the public transport journey time. Please answer these questions even if you don't travel around very much in general or you do not do very much walking or cycling. To answer the following questions, please think about the destinations of your journeys in the last seven days</p> <p><b>Last week did you:</b></p>	
<p>105. Go out to work? (work means your place of work, someone's else place of work, like when you accompany someone to and from their work, meetings, deliveries, visiting clients, ...)</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  If the responding respondent "(1) No" or "(999) I do not want to answer" skip the entire question block on TRIPS to WORK (questions 120 to 138)</p>	Iconnect_motivo01
<p>106. Go out to school? (school means going to your place of study, follow someone to school, ...)</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  If the respondent responds "(1) No" or "(999) Does not want to answer" skip the entire question block on dislocations to STUDY (questions 139 to 157)</p>	Iconnect_motivo02
<p>107. Go shopping, doing personal business or for religious purposes? (going to or following someone else on their food shopping, purchases of other items, visiting the bank, paying bills, visiting the solicitor or estate agents, going to the beauty salon, going to church, ...)</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  Se o entrevistado responder "(1) Não" ou "(999) Não quer responder" pular todo o bloco de perguntas sobre deslocamentos para COMPRAS OU NEGÓCIOS PESSOAIS OU MOTIVOS RELIGIOSOS (questões 158 a 176)</p>	Iconnect_motivo03
<p>108. Go out to visit friends or relatives? (or follow someone who was visiting friends or relatives)</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  If the respondent responds "(1) No" or "(999) Do not want to answer" skip all question block about trips to VISIT FRIENDS OR PARENTS (questions 177-195)</p>	Iconnect_motivo04
<p>109. Go out for leisure activities or other social activities? (go or accompany someone to the movies, theater, bingo, ballroom, travel, tours, parties, community groups, religious groups, ...)</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  Se o entrevistado responder "(1) Não" ou "(999) Não quer responder" pular todo o bloco de perguntas sobre deslocamentos para LAZER OU OUTRAS ATIVIDADES SOCIAIS (questões 196 a 214)</p>	Iconnect_motivo05
<p>110. Go out to take care of your health? ( go or accompany someone to the doctor, dentist, physiotherapist, psychologist, dietitian, speech therapist, going to the gym, go to self-help groups, ...)</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  If the respondent responds "(1) No" or "(999) Do not want to answer" skip all question block about trips to CARE OF HEALTH (questions 215 to 233)</p>	Iconnect_motivo06
<p><b>To answer the following questions, please think of the METHODS OF TRANSPORT you used in the last week.</b></p> <p><b>Last week did you go out:</b></p>	
<p>111. Walking?</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 121 and 122, 140 and 141, 159 and 160, 178 and 179, 197 and 198, 216 and 217</p>	Iconnect_mod01
<p>112. By bike?</p> <p>(0) Yes  (1) No  (999) Do not to inform/Do not know  If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two</p>	Iconnect_mod02

questions: 123 and 124, 142 and 143, 161 and 162, 180 and 181, 199 and 200, 218 and 219	
113. By bus? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 125 and 126, 144 and 145, 163 and 164, 182 and 183, 201 and 202, 220 and 221	Iconnect_mod03
114. By underground, tram or train? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 127 and 128, 146 and 147, 165 and 166, 184 and 185, 203 and 204, 222 and 223	Iconnect_mod04
115. By car/taxi as driver? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent answers "(1) No" or "(999) Does not want to answer" skip the following two questions: 129 and 130, 148 and 149, 167 and 168, 186 and 187, 205 and 206, 224 and 225	Iconnect_mod05
116. By car as a passenger? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 131 and 132, 150 and 151, 169 and 170, 188 and 189, 207 and 208, 226 and 227	Iconnect_mod06
117. By motorcycle? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 133 and 134, 152 and 153, 171 and 172, 190 and 191, 209 and 210, 228 and 229	Iconnect_mod07
118. By boat? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 135 and 136, 154 and 155, 173 and 174, 192 and 193, 211 and 212, 230 and 231	Iconnect_mod08
119. By horse cart? (0) Yes (1) No (999) Do not to inform/Do not know If the respondent responds "(1) No" or "(999) Does not want to answer" skip the following two questions: 137 and 138, 156 and 157, 175 and 176, 194 and 195, 213 and 214, 232 and 233	Iconnect_mod09
<b>To answer the following questions, please think about your journeys to WORK</b>	
120. How many times did you go to work last week? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 139	Iconnect_work1
121. Last week how many times did you go to work walking? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 123	Iconnect_work2
122. When you went to work walking, how long did it take you? hours minutes	Iconnect_work3
123. Last week how many times did you go to work by bicycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 125	Iconnect_work4
124. When you went to work by bicycle, how long did it take you? hours minutes	Iconnect_work5
125. Last week how many times did you go to work by bus? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes	Iconnect_work6

(8888) do not know (9999) do not inform If the answer is none, skip to question 127	
126. When you went to work by bus, how long did it take you? hours      minutes	Iconnect_work7
127. Last week how many times did you go to work by underground/tram/train? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 129	Iconnect_work8
128. When you went to work underground/tram/train, how long did it take you? hours      minutes	Iconnect_work9
129. Last week how many times did you go to work by car as a driver? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 131	Iconnect_work10
130. When you went to work by car as a driver, how long did it take you? hours      minutes	Iconnect_work11
131. Last week how many times did you go to work by car as a passenger? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 133	Iconnect_work12
132. When you went to work by car as a passenger, how long did it take you? hours      minutes	Iconnect_work13
133. Last week how many times did you go to work by motorcycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 135	Iconnect_work14
134. When you went to work by motorcycle, how long did it take you? hours      minutes	Iconnect_work15
135. Last week how many times did you go to work by boat? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 137	Iconnect_work16
136. When you went to work by boat, how long did it take you? hours      minutes	Iconnect_work17
137. Last week how many times did you go to work by horse cart? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 139	Iconnect_work18
138. When you went to work by horse cart, how long did it take you? hours      minutes	Iconnect_work19
<b>To answer the following questions, please think about your locomotion to STUDYING</b>	
139. How many times did you go to school last week? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 158	Iconnect_study1
140. Last week how many times did you go to school walking? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 142	Iconnect_study2
141. When you went to school walking, how long did it take you? hours      minutes	Iconnect_study3
142. Last week how many times did you go to school by bicycle? 0) none (1) (2) (3) (4) (5) (6) (7) sometimes	Iconnect_study4

(8888) do not know (9999) do not inform If the answer is no, skip to question 144	
143. When you went to school by bicycle, how long did it take you? hours      minutes	Iconnect_study5
144. Last week how many times did you go to school by bus? 0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 146	Iconnect_study6
145. When you went to school by bus, how long did it take you? hours      minutes	Iconnect_study7
146. Last week how many times did you go to school by underground/tram/train ? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 148	Iconnect_study8
147. When you went to school by underground/tram/train, how long did it take you? hours      minutes	Iconnect_study9
148. Last week how many times did you go to school by by car as a driver? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 150	Iconnect_study10
149. When you went to school by car as a driver, how long did it take you? hours      minutes	Iconnect_study11
150. Last week how many times did you go to school by car as a passenger? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 152	Iconnect_study12
151. When you went to school by car as a passenger, how long did it take you? hours      minutes	Iconnect_study13
152. Last week how many times did you go to school by motorcycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 154	Iconnect_study14
153. When you went to school by motorcycle, how long did it take you? hours      minutes	Iconnect_study15
154. Last week how many times did you go to school by boat? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 156	Iconnect_study156
155. When you went to school by boat, how long did it take you? hours      minutes	Iconnect_study17
156. Last week how many times did you go to school by horse cart? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 158	Iconnect_study18
157. When you went to school by horse cart, how long did it take you? hours      minutes	Iconnect_study19
<b>To answer the following questions, please think about your journeys to go SHOPPING / DOING PERSONAL BUSINESS OR FOR RELIGIOUS PURPOSES</b>	
158. How many times did you go shopping / personal business or for religious purposes last week? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 177	Iconnect_compras1
159. Last week how many times did you go shopping / personal business or for religious reasons walking? (0) none	Iconnect_compras2

(1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 161	
160. When you went to shopping / personal business or for religious reasons walking, how long did it take you? hours      minutes	Iconnect_compras3
161. Last week how many times did you go shopping / personal business or for religious reasons by bicycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 163	Iconnect_compras4
162. When you went shopping / personal business or for religious reasons by bicycle, how long did it take you? hours      minutes	Iconnect_compras5
163. Last week how many times did you go shopping / personal business or for religious reasons by bus? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 165	Iconnect_compras6
164. When you went shopping / personal business or for religious reasons by bus, how long did it take you? hours      minutes	Iconnect_compras7
165. Last week how many times did you go shopping / personal business or for religious reasons by underground/tram/train? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 167	Iconnect_compras8
166. When you went shopping / personal business or for religious reasons by underground/tram/train, how long did it take you? hours      minutes	Iconnect_compras9
167. Last week how many times did you go shopping / personal business or for religious reasons by car as a driver? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 169	Iconnect_compras10
168. When you went shopping / personal business or for religious reasons by car as a driver, how long did it take you? hours      minutes	Iconnect_compras11
169. Last week how many times did you go shopping / personal business or for religious reasons by car as a passenger? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 171	Iconnect_compras12
170. When you went shopping / personal business or for religious reasons by car as a passenger, how long did it take you? hours      minutes	Iconnect_compras13
171. Last week how many times did you go shopping / personal business or for religious reasons by motorcycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 173	Iconnect_compras14
172. When you went shopping / personal business or for religious reasons by motorcycle, how long did it take you? hours      minutes	Iconnect_compras15
173. Last week how many times did you go shopping / personal business or for religious reasons by boat? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 175	Iconnect_compras16
174. When you went shopping / personal business or for religious reasons by boat, how long did it take you? hours      minutes	Iconnect_compras17
175. Last week how many times did you go shopping / personal business or for religious reasons by horse cart? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 177	Iconnect_compras18

176. When you went shopping / personal business or for religious reasons by horse cart, how long did it take you? hours      minutes	Iconnect_compras19
<b>To answer the following questions, please think about your journeys to VISIT FRIENDS OR RELATIVES</b>	
177. How many times did you go to visit friends ou relatives last week? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 196	Iconnect_visit1
178. Last week how many times did you go to visit friends or relatives walking? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 180	Iconnect_visit2
179. When you went to visit friends or relatives walking, how long did it take you? hours      minutes	Iconnect_visit3
180. Last week how many times did you go to visit friends or relatives by bicycle? 0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 182	Iconnect_visit4
181. When you went to visit friends or relatives by bicycle, how long did it take you? hours      minutes	Iconnect_visit5
182. Last week how many times did you go to visit friends or relativesby bus? 0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 184	Iconnect_visit6
183. When you went to visit friends or relatives by bus, how long did it take you? hours      minutes	Iconnect_visit7
184. Last week how many times did you go to visit friends or relatives by underground/tram/train? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 186	Iconnect_visit8
185. When you went to visit friends or relatives by underground/tram/train , how long did it take you? hours      minutes	Iconnect_visit9
186. Last week how many times did you go to visit friends or relatives by car as a driver? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 188	Iconnect_visit10
187. When you went to visit friends or relatives by car as a driver, how long did it take you? hours      minutes	Iconnect_visit11
188. Last week how many times you went to visit friends or relatives by car as a passenger? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 190	Iconnect_visit12
189. When you went to visit friends or relatives by car as a passenger, how long did it take you? hours      minutes	Iconnect_visit13
190. Last week how many times did you go to visit friends or relatives by motorcycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 192	Iconnect_visit14
191. When you went to visit friends or relatives by motrocycle, how long did it take you? hours      minutes	Iconnect_visit15
192. Last week how many times did you go to visit friends or relatives by boat? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 194	Iconnect_visit16

193. When you went to visit friends or relatives by boat, how long did it take you? hours      minutes	Iconnect_visit117
194. Last week how many times did you go to visit friends or relatives by horse cart? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 196	Iconnect_visit18
195. When you went to visit friends or relatives by horse cart, how long did it take you? hours      minutes	Iconnect_visit19
<b>To answer the following questions, please think about your journeys to RECREATION PURPOSES or OTHER SOCIAL ACTIVITIES</b>	
196. How many times did you go to recreation or other social activities last week? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 215	Iconnect_recreation1
197. Last week how many times did you go to recreation or other social activities walking? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 199	Iconnect_recreation2
198. When you went to recreation or other social activities walking, how long did it take you? hours      minutes	Iconnect_recreation3
199. Last week how many times did you go to your recreation or other social activities by bicycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 201	Iconnect_recreation4
200. When you went to recreation or other social activities by bicycle, how long did it take you? hours      minutes	Iconnect_recreation5
201. Last week how many times did you go to your recreation or other social activities by bus? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 203	Iconnect_recreation6
202. When you went to recreation or other social activities bus, how long did it take you? hours      minutes	Iconnect_recreation7
203. Last week how many times did you go to your recreation or other social activities by underground/tram/train? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 205	Iconnect_recreation8
204. When you went to recreation or other social activities by underground/tram/train, how long did it take you? hours      minutes	Iconnect_recreation9
205. Last week how many times did you go to your recreation or other social activities by car as a driver? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 207	Iconnect_recreation10
206. When you went to recreation or other social activities car as a driver, how long did it take you? hours      minutes	Iconnect_recreation11
207. Last week how many times did you go to your recreation or other social activities by car as a passenger? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 209	Iconnect_recreation12
208. When you went to recreation or other social activities by car as a passenger, how long did it take you? hours      minutes	Iconnect_recreation13
209. Last week how many times did you go to your recreation or other social activities by motorcycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform	Iconnect_recreation14

If the answer is none, skip to question 211	
210. When you went to recreation or other social activities by motorcycle, how long did it take you? hours      minutes	Iconnect_recreation15
211. Last week how many times did you go to your recreation or other social activities by boat? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 213	Iconnect_recreation16
212. When you went to recreation or other social activities by boat, how long did it take you? hours      minutes	Iconnect_recreation17
213. Last week how many times did you go to your recreation or other social activities by horse cart? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 215	Iconnect_recreation18
214. When you went to recreation or other social activities by horse cart, how long did it take you? hours      minutes	Iconnect_recreation19
<b>To answer the following questions, please think about your journeys to ACCESS HEALTH CARE (consultations, tests and treatments, doctors and other professionals).</b>	
215. How many times did you go out to take care of your health last week? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 234	Iconnect_saúde1
216. Last week how many times did you go out to take care of your health walking? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 218	Iconnect_saúde2
217. When you went to take care of your health walking, how long did it take you? hours      minutes	Iconnect_saúde3
218. Last week how many times did you go to take care of your health by bicycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 220	Iconnect_saúde4
219. When you went to take care of your health by bicycle, how long did it take you? hours      minutes	Iconnect_saúde5
220. Last week how many times did you go to take care of your health by bus? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 222	Iconnect_saúde6
221. When you went to take care of your health bus, how long did it take you? hours      minutes	Iconnect_saúde7
222. Last week how many times did you go to take care of your health by underground/tram/train? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 224	Iconnect_saúde8
223. When you went to take care of your health by underground/tram/train, how long did it take you? hours      minutes	Iconnect_saúde9
224. Last week how many times did you go to take care of your health by car as a driver? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 226	Iconnect_saúde10
225. When you went to take care of your health by car as a driver, how long did it take you? hours      minutes	Iconnect_saúde11
226. Last week how many times did you go to take care of your health by car as a passenger? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know	Iconnect_saúde12

(9999) do not inform If the answer is none, skip to question 228	
227. When you went to take care of your health by car as a passenger, how long did it take you? hours minutes	Iconnect_saúde13
228. Last week how many times did you go to take care of your health by motorcycle? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 230	Iconnect_saúde14
229. When you went to take care of your health by motorcycle, how long did it take you? hours minutes	Iconnect_saúde15
230. Last week how many times did you go to take care of your health by boat? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is none, skip to question 232	Iconnect_saúde16
231. When you went to take care of your health by boat, how long did it take you? hours minutes	Iconnect_saúde17
232. Last week how many times did you go to take care of your health by horse cart? (0) none (1) (2) (3) (4) (5) (6) (7) sometimes (8888) do not know (9999) do not inform If the answer is no, skip to question 234	Iconnect_saúde18
233. When you went to take care of your health by horse cart, how long did it take you? hours minutes	Iconnect_saúde19

## 5. BLOCK INTERNATIONAL PHYSICAL ACTIVITY QUESTIONNAIRE (IPAQ)

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

<p>To answer questions remember that:</p> <p>We are interested in finding out about the kinds of physical activities that people do as part of their everyday lives. The questions will ask you about the time you spent being physically active in the last 7 days. Vigorous physical activities refer to activities that take hard physical effort and make you breathe much harder than normal. Moderate activities refer to activities that take moderate physical effort and make you breathe somewhat harder than normal.</p>	
<p><b>IPAQ DOMAIN JOB RELATED PHYSICAL ACTIVITY</b></p> <p><b>The first section is about your work. This includes paid jobs, farming, volunteer work, course work, and any other unpaid work that you did outside your home. DO NOT include unpaid work you might do around your home, like housework, yard work, general maintenance, and caring for your family.</b></p>	
234. Do you currently have a job or do any unpaid work outside your home? ( ) Yes ( ) No If the answer is no, skip to question 241	IPAQ_job1
235. During the last 7 days, on how many days you walking as part of your work? Think about only those physical activities that you did for at least 10 minutes. ____ days per week ( ) No If the answer is no, skip to question 237	IPAQ_job2
236. How much time did you usually spend on one of those days walking as part of your work? ____ hours per day ____ minutes per day	IPAQ_job3
237. Again, think about only those physical activities that you did for at least 10 minutes. During the last 7 days, on how many days did you do moderate physical activities as part of your work? ____ days per week ( ) No moderate job-related physical activity If the answer is no, skip to question 239	IPAQ_job4
238. How much time did you usually spend on one of those days doing moderate physical activities as part of your work? ____ hours per day ____ minutes per day	IPAQ_job5
239. During the last 7 days, on how many days did you do vigorous physical activities like heavy lifting, digging, heavy construction, or climbing up stairs as part of your work? Think about only those physical activities that you did for at least 10 minutes at a time. ____ days per week ( ) No vigorous job- related physical activity	IPAQ_job6

If the answer is no, skip to question 241	
240. How much time did you usually spend on one of those days doing vigorous physical activities as part of your work? ____ hours per day ____ minutes per day	IPAQ_job7
<b>IPAQ DOMAIN TRANSPORTATION</b>  The next questions refer to how the (a) Mr. (a) moved (walking or cycling) to get from one place to another in the last 7 days, including going to the supermarket, pharmacy, the living group for seniors, church, cinema, shops, work and others. Think only on hiking or cycling that (a) Mr. (a) made for at least 10 continuous minutes.	
241. During the last 7 days, on how many days did you travel in a motor vehicle like a train, bus, car, or tram? ____ days per week ( ) No traveling in a motor vehicle If the answer is no, skip to question 243	IPAQ_transportion1
242. How much time did you usually spend on one of those days traveling in a train, bus, car or tram? ____ hours per day ____ minutes per day	IPAQ_transportion2
243. Now think only about the bicycling and walking you might have done to go from place to place. During the last 7 days, on how many days did you bicycle for at least 10 minutes at a time to go from place to place? ____ days per week ( ) No bicycling from place to place If the answer is no, skip to question 245	IPAQ_transportion3
244. How much time did you usually spend on one of those days to bicycle from place to place? ____ hours per day ____ minutes per day	IPAQ_transportion4
245. During the last 7 days, on how many days did you walk for at least 10 minutes at a time to go from place to place? ____ days per week ( ) No walking from place to place If the answer is no, skip to question 247	IPAQ_transportion5
246. How much time did you usually spend on one of those days walking from place to place? ____ hours per day ____ minutes per day	IPAQ_transportion6
<b>IPAQ DOMAIN HOUSEWORK, HOUSE MAINTAINANCE AND CARING FOR FAMILY</b>  <b>This section is about some of the physical activities you might have done in the last 7 days in and around your home, like housework, gardening, yard work, general maintenance work, and caring for your Family</b>	
247. Again, think about only those physical activities that you did for at least 10 minutes at a time. During the last 7 days, on how many days did you do moderate activities like carrying light loads, sweeping, washing windows, and raking in the garden or yard? ____ days per week ( ) No moderate activity in garden or yard If the answer is no, skip to question 249	IPAQ_housework1
248. How much time did you usually spend on one of those days doing moderate physical activities in the garden or yard? ____ hours per day ____ minutes per day	IPAQ_housework2
249. Once again, think about only those physical activities that you did for at least 10 minutes at a time. During the last 7 days, on how many days did you do moderate activities like carrying light loads, washing windows, scrubbing floors and sweeping inside your home? ____ days per week ( ) No moderate activity inside home If the answer is no, skip to question 251	IPAQ_housework3
250. How much time did you usually spend on one of those days doing moderate physical activities inside your home? ____ hours per day ____ minutes per day	IPAQ_housework4
251. Think about only those physical activities that you did for at least 10 minutes at a time. During the last 7 days, on how many days did you do vigorous physical activities like heavy lifting, chopping wood, shoveling snow, or digging in the garden or yard? ____ days per week ( ) No vigorous activity in garden or yard If the answer is no, skip to question 253	IPAQ_housework5

252. How much time did you usually spend on one of those days doing vigorous physical activities in the garden or yard? ____ hours per day ____ minutes per day	IPAQ_housework6
<b>IPAQ DOMAIN LEISURE, RECREATION AND SPORTS</b>	
<b>This section refers to the physical activities you do on last 7 days SOLELY FOR RECREATION, SPORT OR EXERCISE. Again think only in physical activities that you do for at least 10 minutes continuous. please do not include activities that you have already mentioned</b>	
253. Not counting any walking you have already mentioned, during the last 7 days, on how many days did you walk for at least 10 minutes at a time in your leisure time? ____ days per week ( ) No walking in leisure time If the answer is no, skip to question 255	IPAQ_walk1
254. How much time did you usually spend on one of those days walking in your leisure time? ____ hours per day ____ minutes per day	IPAQ_walk2
255. Again, think about only those physical activities that you did for at least 10 minutes at a time. During the last 7 days, on how many days did you do moderate physical activities like bicycling at a regular pace, swimming at a regular pace, and doubles tennis in your leisure time? ____ days per week ( ) No moderate activity in leisure time If the answer is no, skip to question 257	IPAQ_moderate1
256. How much time did you usually spend on one of those days doing moderate physical activities in your leisure time? ____ hours per day ____ minutes per day	IPAQ_moderate2
257. Think about only those physical activities that you did for at least 10 minutes at a time. During the last 7 days, on how many days did you do vigorous physical activities like aerobics, running, fast bicycling, or fast swimming in your leisure time? ____ days per week ( ) No vigorous activity in leisure time If the answer is no, skip to question 259	IPAQ_vigorous1
258. How much time did you usually spend on one of those days doing vigorous physical activities in your leisure time? ____ hours per day ____ minutes per day	IPAQ_vigorous2
<b>IPAQ DOMAIN TIME SITTING</b>	
<b>Now think only in the activities you do during the week except Saturday and Sunday. The last questions are about the time you spend sitting while at work, at home, while doing course work and during leisure time. This may include time spent sitting at a desk, visiting friends, reading or sitting or lying down to watch television. Do not include any time spent sitting in a motor vehicle</b>	
259. During the last 7 days, how much time did you usually spend sitting on a weekday? ____ hours per day ____ minutes per day	IPAQ_sitting1
260. During the last 7 days, how much time did you usually spend sitting on a weekend day? ____ hours per day ____ minutes per day	IPAQ_sitting2

## 6. BLOCK MEASURING QUALITY OF LIFE (WHOQOL - BREF)

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

The following questions ask how you feel about your quality of life, health, or other areas of your life. I will read out each question to you, along with the response options. Please choose the answer that appears most appropriate. If you are unsure about which response to give to a question, the first response you think of is often the best one. Please keep in mind your standards, hopes, pleasures and concerns. We ask that you think about your life in the last four weeks.

261. How would you rate your quality of life?	Very poor (1)	Poor (2)	Neither poor nor good (3)	Good (4)	Very good (5)	(9999) Do not to inform	WHOQ_BREF1
262. How satisfied are you with your health?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF2
263. To what extent do you feel that physical pain prevents you from doing what you need to do?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF3
264. How much do you need any medical treatment to function in your daily life?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF4
265. How much do you enjoy life?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF5
266. To what extent do you feel your life to be meaningful?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF6
267. How well are you able to concentrate?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF7
268. How safe do you feel in your daily life?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF8
269. How healthy is your physical environment?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQ_BREF9

**The following questions ask about how completely you experience or were able to do certain things in the last four weeks**

270. Do you have enough energy for everyday life?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQ_BREF10
271. Are you able to accept your bodily appearance?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQ_BREF11
272. Have you enough money to meet your needs?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQ_BREF12
273. How available to you is the information that you need in your day-to-day life?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQ_BREF13
274. To what extent do you have the opportunity for leisure activities?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQ_BREF14

**The following questions ask about how good or satisfied you have felt about various aspects of their life in the last four weeks**

275. How well are you able to get around?	Very poor (1)	Poor (2)	Neither poor nor good (3)	Good (4)	Very good (5)	(9999) Do not to inform	WHOQ_BREF15
276. How satisfied are you with your sleep?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF16
277. How satisfied are you with your ability to perform your daily living activities?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF17
278. How satisfied are you with your capacity for work?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF18
279. How satisfied are you with yourself?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF19
280. How satisfied are you with your personal relationships?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF20
281. How satisfied are you with your sex life?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF21
282. How satisfied are you with the support you get from your friends?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF22
283. How satisfied are you with the conditions of your living place?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF23
284. How satisfied are you with your access to health services?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF24
285. How satisfied are you with your transport?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQ_BREF25
286. How often do you have negative feelings such as blue mood, despair, anxiety, depression?	Never (1)	Seldom (2)	Quite often (3)	Very often (4)	Always (5)	(9999) Do not to inform	WHOQ_BREF26

## 7. BLOCK MEASURING QUALITY OF LIFE (WHOQOL - OLD)

(THIS BLOCK MUST BE ANSWERED ONLY BY PERSONS WITH 60 YEARS OR MORE)

In this case if (a) respondent (a) is an adult, skip to question 311

**This questionnaire asks for your thoughts and feelings about certain aspects of your quality of life and addresses issues that may be important to you as an older member of society. Please answer all the questions. If you are unsure about which response to give to a question, please choose the one that appears most appropriate. This can often be your first response. Please keep in mind your standards, hopes, pleasures and concerns. We ask that you think about your life in the last two weeks. For example, thinking about the last two weeks, a question might ask:**

**How much do you worry about what the future might hold?**

- (1) Not at all
- (2) A little
- (3) A moderate amount
- (4) Very much
- (5) An extreme amount

**You should choose the option that best fits how much you have worried about the future over the last two weeks. Please assess your feelings, and choose for each question that gives the best answer for you.**

The following questions ask about **how much** you have experienced certain things in the last two weeks

287. To what extent do impairments to your senses (e.g. hearing, vision, taste, smell, touch) affect your daily life?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old1
288. To what extent does loss of, for example, hearing, vision, taste, smell or touch affect your ability to participate in activities?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old2
289. How much freedom do you have to make your own decisions?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old3
290. To what extent do you feel in control of your future?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old4
291. How much do you feel that the people around you are respectful of your freedom?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old5
292. How concerned are you about the way in which you will die?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old6
293. How much are you afraid of not being able to control your death?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old7
294. How scared are you of dying?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old8
295. How much do you fear being in pain before you die?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old9

**The following questions ask about how completely you experience or were able to do certain things in the last two weeks**

296. To what extent do problems with your sensory functioning (e.g. hearing, vision, taste, smell, touch) affect your ability to interact with others?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQOL_old10
297. To what extent are you able to do the things you'd like to do?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQOL_old11
298. To what extent are you satisfied with your opportunities to continue achieving in life?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQOL_old12
299. How much do you feel that you have received the recognition you deserve in life?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQOL_old13
300. To what extent do you feel that you have enough to do each day?	Not at all (1)	A little (2)	Moderately (3)	Mostly (4)	Completely (5)	(9999) Do not to inform	WHOQOL_old14

**The following questions ask you to say how satisfied, happy or good you have felt about various aspects of your life over the last two weeks**

301. How satisfied are you with what you have achieved in life?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQOL_old15
302. How satisfied are you with the way you use your time?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQOL_old16
303. How satisfied are you with your level of activity?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQOL_old17
304. How satisfied are you with your opportunity to participate in community activities?	Very dissatisfied (1)	Dissatisfied (2)	Neither satisfied nor dissatisfied (3)	Satisfied (4)	Very satisfied (5)	(9999) Do not to inform	WHOQOL_old18
305. How happy are you with the things you are able to look forward to?	Unhappy (1)	Unhappy Neither (2)	Happy nor unhappy (3)	Happy (4)	Very happy (5)	(9999) Do not to inform	WHOQOL_old19
306. How would you rate your sensory functioning (e.g. hearing, vision, taste, smell, touch)?	Very poor (1)	Poor (2)	Neither poor nor good (3)	Good (4)	Very good (5)	(9999) Do not to inform	WHOQOL_old20
<b>The following questions refer to any intimate relationships that you may have. Please consider these questions with reference to a close partner or other close person with whom you can share intimacy more than with any other person in your life</b>							
307. To what extent do you feel a sense of companionship in your life?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old21
308. To what extent do you experience love in your life?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old22
309. To what extent do you have opportunities to love?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old23
310. To what extent do you have opportunities to be loved?	Not at all (1)	A little (2)	A moderate amount (3)	Very much (4)	An extreme amount (5)	(9999) Do not to inform	WHOQOL_old24

## 8. BLOCK HEALTH AND LIFE HABITS

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

Now I will ask some questions about your health and lifestyle.	
311. Do you smoke or smoked cigarettes? (0) No (1) Smoked and stopped (2) Currently smoke (9999) Not to inform If the answer is no, skip to question 313	Smoke1
312. How many years you smoke or smoked? __ years (8888) Do not know (9999) Do not know or not to inform	Smoke2
313. How often do you drink alcohol? (0) Never (1) 1 time per week (2) 2 or 3 time per week (3) 4 or more times a week (8888) Do not know (9999) Not to inform If the answer is never, skip to question 316	AUDIT1_
314. How many units of alcohol you usually drink? (0) 1 or less (1) 2 or 3 (2) 4 or 5	AUDIT2_

(3) 6 or 7 (4) 8 or more (8888) Do not know (9999) Not to inform	
315. How often you drink five or more drinks at once? (See standard dose equivalency table below) (0) Never (1) Less than once per month (2) Monthly (3) Weekly (4) All or almost everyday (8888) Do not know (9999) Not to inform	AUDIT3

## 9. BLOCK EVALUATION OF FUNCTIONAL CAPACITY (MULTIDIMENSIONAL FUNCTIONAL ASSESSMENT QUESTIONNAIRE (OARS) - BOMFAQ)

(THIS BLOCK MUST BE ANSWERED ONLY BY PERSONS WITH 60 YEARS OR MORE, OR PEOPLE WITH REDUCED MOBILITY)

In this case if (a) respondent (a) is an adult, skip to question 331

Now I'll ask about some activities and tasks of your day-to-day. please honestly say if you can do everything without any difficulty, with little difficulty, with difficulty or can not do.						
316. Getting in or out of bed	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD01 _
317. Eating, such as cutting up food	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD02 _
318. Take care of your own appearance	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD03 _
319. Walk 100 meters in a plain surface	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD04 _
320. Bathing or showering	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD05 _
321. Dressing, including putting on shoes and socks	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD06 _
322. Using the toilet, including getting up or down	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD07 _
323. Climb a flight of stairs	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD08 _
324. Taking medications	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD09 _
325. Walking around the home	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD10 _
326. Shopping for groceries	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD11 _
327. Preparing a hot meal	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD12 _
328. Cut toenails	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD13 _
329. Going out by bus/ taxi/underground/train	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Do not know or not to inform	AVD14 _
330. Doing house cleaning	(0) Not at all	(1) Little difficulty	(2) Very difficulty	(3) Does not perform	(9999) Not to inform	AVD15 _

## 10. BLOCK DEVICES LOCOMOTION AUXILIARY

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

Now I would like to ask if you use any device to help you to walk / move.	
321. Do you use any device or apparatus to help you walking or moving such as cane, crutch, walker, wheelchair? ( ) Yes. To specify: _____ ( ) No (9999) Do not to inform	Locomotion_01

## 11. BLOCK MORBIDITIES

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

Now I will ask some questions about your health. To answer the following questions, think about whether a doctor or health professional ever told you that you have / had:				
332. Diabetes?	(0) No	(1) Yes	(9999) Do not to inform	DIAB
333. Heart disease?	(0) No	(1) Yes	(9999) Do not to inform	CARDIO
334. Stroke or cerebral ischemia?	(0) No	(1) Yes	(9999) Do not to inform	AVC
335. Hypertension (high blood pressure)?	(0) No	(1) Yes	(9999) Do not to inform	SAH
336. Depression?	(0) No	(1) Yes	(9999) Do not to inform	DEP

## 12. BLOCK SELF-REPORTED HEARING LOSS (FERRITE et al. 2011)

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

Now I will ask some questions about your hearing health.						
337. Do you feel you have a hearing loss?	(0) No	(1) Yes	(9999) Do not to inform			HEARING_1
338. In general, do you think your hearing is:	Excellent (1)	Very good (2)	Good (3)	Regular (4)	Bad (5)	HEARING_2

## 13. BLOCK SIGHT LOSS SELF-REPORTED

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

Now I will ask some questions about your eye health.						
339. Do you have difficulty seeing?	(0) No	(1) Yes	(9999) Do not to inform			
340. In general, would you say your vision is:	Excellent (1)	Very good (2)	Good (3)	Regular (4)	Bad (5)	
341. Do you have blindness?	(0) No	(1) Yes, in one eye	(2) Yes, in both eyes	(9999) Do not to inform		

## 14. BLOCK PROFILE ANTHROPOMETRIC AND BLOOD PRESSURE LEVELS

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

Now I would like to take some measures of you, for example, your height, your weight and check your blood pressure.	
342. Systolic blood pressure upper limb left: PASE1 _ _ _ _  (8888) Not applicable (9999) Do not to inform	SBP1  _ _ _ _
343. Diastolic blood pressure upper limb left: PADE1 _ _ _ _  (8888) Not applicable (9999) Do not to inform	DBP1  _ _ _ _
344. Weight: Weight  _ _ _ ,  _  kg (8888) Not applicable	WEIGHT  _ _ _

(9999) Do not to inform	
345. Height 1: Height 1 _____ cm (8888) Not applicable (9999) Do not to inform	HEGHT_01
346. Height 2: Height 2 _____ cm (8888) Not applicable (9999) Do not to inform	HEGHT_02
347. Waist circumference 1: Waist1 _____ cm (8888) Not applicable (9999) Do not to inform	WAIST_01
348. Waist circumference 2: Waist 2 _____ cm (8888) Not applicable (9999) Do not to inform	WAIST_02

## 15. BLOCK MOTOR PERFORMANCE ASSESSMENT

(THIS BLOCK MUST BE ANSWERED ONLY BY PERSONS WITH 60 YEARS OR MORE, OR PEOPLE WITH REDUCED MOBILITY)

In this case if (a) respondent (a) is an adult, skip to question 355.

<b>Now I would like to invite you to participate in some tests to assess your motor performance.</b>	
349. Get up and sit down from a chair, five times, as fast as possible, without any break and with your arms crossed in front of your chest. _____ seconds (8888) do not applicable (9999) Do not to inform	TEST_motor1
350. Pick up a pencil, placed on the floor, 30 cm in front of the tip of your feet and parallel to this. _____ seconds (8888) do not applicable (9999) Do not to inform	TEST_motor2
351. Remain standing for 10 seconds, keeping your feet together and your eyes open. ( ) Yes ( ) No (8888) do not applicable (9999) Do not to inform	TEST_motor3
352. Remain standing for 10 seconds by placing one foot in front of the other, keeping your eyes open. ( ) Yes ( ) No (8888) do not applicable (9999) Do not to inform	TEST_motor4
353. Remain standing, leaning on one leg for 10 seconds without using any support. ( ) Yes ( ) No (8888) do not applicable (9999) Do not to inform	TEST_motor5
354. Remain standing, leaning on the other leg for 10 seconds without using any support. ( ) Yes ( ) No (8888) do not applicable (9999) Do not to inform	TEST_motor6

## 16. GENERAL BLOCK

(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)

<b>Now I will ask some questions about your life / personal characteristics.</b>	
355. At this time, are you? (1) married / with a partner (2) Single (3) Divorced / separate (4) A widow (9999) Not to inform	MARITALSTATUS

356. Do you consider that your skin color, race or ethnicity is: (1) White (2) Parada (3) Black or Black (4) Yellow (5) Indigenous (8888) Do not know (9999) Not to inform		RACE			
357. What is your education? (0) I never studied (1) incomplete primary education (2) complete primary education (3) incomplete high school (4) complete high school (5) incomplete higher education (6) completed higher education (7) incomplete Graduate (8) graduate If the answer is I never studied, skip to question 359.	How many years have you studied in each of these segments? _____ _____ _____ _____ _____ _____				EDUCATION
358. How many years did you study in school? _____ years successfully completed					
359. How many people live with you? [Except the respondent] _____ people (8888) Do not know (9999) Not to inform				PEOPLE	
(THIS BLOCK MUST BE ANSWERED ONLY BY PERSONS WITH 60 YEARS OR MORE) In this case if (a) respondent (a) is an adult, skip to question 366.					
<b>With Whom you live?</b>					
360. Alone	(0) No	(1) Yes	(8888) Do not know	(9999) Not to inform	LIVE1
361. With professional caregiver	(0) No	(1) Yes	(8888) Do not know	(9999) Not to inform	LIVE2
362. With spouse / partner (a)	(0) No	(1) Yes	(8888) Do not know	(9999) Not to inform	LIVE3
363. With others of his generation [Sister (), sister (a) friend (a)]	(0) No	(1) Yes	(8888) Do not know	(9999) Not to inform	LIVE4
364. With children	(0) No	(1) Yes	(8888) Do not know	(9999) Not to inform	LIVE5
365. With Grandchildren	(0) No	(1) Yes	(8888) Do not know	(9999) Not to inform	LIVE6
(THIS BLOCK MUST BE ANSWERED BY ALL PARTICIPANTS)					
366. In relation to your financial life, do you have any kind of income? (0) No (1) Yes (9999) Not to inform				INCOME1	
367. Do you currently have any paid work? (0) No (1) Yes (9999) Not to inform				INCOME2	
368. Do you receive retirement benefits? (0) No (1) Yes (9999) Not to inform				INCOME3	
369. Do you receive a pension? (0) No (1) Yes (9999) Do not know or Not to inform				INCOME4	
370. Do you receive any other type of income? (0) No (1) Yes (9999) Do not know or Not to inform				INCOME5	
371. Considering all sources of income, how much did you receive the last month? £ _____,00 (9999) Do not know or Not to inform				INCOME6	
372. How many people depend on this income, including you? (1) Only me (2) 2				INCOME7	

(3) 3 (4) 4 (5) 5 or more (9999) Do not know or Not to inform	
373. How much did the other persons that live with you receive last month ? Person n 1 £ _____,00 Person n 2 £ _____,00 Person n 3 £ _____,00 Person n 4 £ _____,00 Person n 5 £ _____,00  (9999) Do not know or Not to inform	INCOME8
<b>Now before ending the interview I would like to ask if:</b>	
374. Do you accept to participate in a new stage of the study, in which over a period of one day you shall be accompanied by a researcher in order to observe your mobility experiences ? At this stage in addition to monitoring, you will be asked to answer a new questionnaire and use a gopro camera for one day, in order to record your movements. (0) No (1) Yes	OTHER1
375. In this item the interviewer must register their personal perception, reporting if the participant has a receptive profile to participate in a new stage of the study (qualitative research): (0) No (1) Yes	OTHER2
<b>WE HAVE FINISHED THE INTERVIEW, THANK YOU FOR YOUR PARTICIPATION, COLLABORATION AND PATIENCE. OUR WORK IS SUPERVISED BY THE UNIVERSITY, THEREFORE, MAYBE ANOTHER RESEARCHER WILL MAKE CONTACT WITH YOU TO CONFIRM SOME DATA AS PART OF THE QUALITY CONTROL OF THE RESEARCH. THANK YOU VERY MUCH!</b>	

End of interview: \_\_\_ h \_\_\_ min